



# Elementary Breakfast Menu January 2023



**HAPPY NEW YEAR!**

**Did you know:**  
It is a New Year's tradition to consume black-eyed peas for good luck, and California is a top producer of this festive food.



**Choice of Milk Offered Daily with Every Meal**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 	5	6
9	10	11 Banana Bread Slice Cheerios Cereal & String Cheese Cocoa Puffs Cereal & String Cheese Honey Nut Cheerios Cereal & String Cheese Trix Cereal & String Cheese Fruit 100% Fruit Juice	12 Breakfast Egg and Cheese Taco Bowl Apple and Cinnamon Oatmeal Cup Fruit 100% Fruit Juice	13 Mini Turkey Pancake Wraps Cinnamon Raisin WG Bagel with Cream Cheese White Wheat Bagel With Cream Cheese Cup Whole Grain Bagel with Cream Cheese Fruit 100% Fruit Juice
16 	17 Maple Waffles with Turkey Bacon Cinnamon Raisin WG Bagel with Cream Cheese Whole Grain Bagel with Cream Cheese White Wheat Bagel With Cream Cheese Cup Fruit 100% Fruit Juice	18 Egg and Cheese Breakfast Taco Cinnamon Raisin WG Bagel with Cream Cheese Whole Grain Bagel with Cream Cheese White Wheat Bagel With Cream Cheese Cup Fruit 100% Fruit Juice	19 Turkey Sausage Pancake on a Stick Honey Nut Cheerios Cereal & String Cheese Cheerios Cereal & String Cheese Trix Cereal & String Cheese Cocoa Puffs Cereal & String Cheese Fruit 100% Fruit Juice 	20 Concha Pan Dulce with Sausage Link Oatmeal Chocolate Chip Bar Fruit 100% Fruit Juice
23 Double Chocolate Muffin with Sausage Oatmeal Chocolate Chip Bar Fruit 100% Fruit Juice	24 Sausage and Cheese on an English Muffin Cheerios Cereal & String Cheese Honey Nut Cheerios Cereal & String Cheese Cocoa Puffs Cereal & String Cheese Trix Cereal & String Cheese Fruit 100% Fruit Juice	25 Breakfast Yogurt Parfait with Blueberries and Granola Whole Grain Bagel with Cream Cheese White Wheat Bagel With Cream Cheese Cup Cinnamon Raisin WG Bagel with Cream Cheese Fruit 100% Fruit Juice	26 Maple Chicken Pancake Sandwich Honey Nut Cheerios Cereal & String Cheese Cocoa Puffs Cereal & String Cheese Cheerios Cereal & String Cheese Trix Cereal & String Cheese Fruit 100% Fruit Juice	27 Dutch Waffle with Sausage Link Oatmeal Chocolate Chip Bar Fruit 100% Fruit Juice
30 Buttermilk Pancakes with Turkey Bacon Cinnamon Raisin WG Bagel with Cream Cheese Whole Grain Bagel with Cream Cheese White Wheat Bagel With Cream Cheese Cup Fruit 100% Fruit Juice	31 Turkey Sausage Breakfast Pizza Cocoa Puffs Cereal & String Cheese Cheerios Cereal & String Cheese Honey Nut Cheerios Cereal & String Cheese Trix Cereal & String Cheese Fruit 100% Fruit Juice 			

**MENU SUBJECT TO CHANGE.** Due to COVID, our department is experiencing increased vendor shortages and substitutions. These shortages/substitutions may impact our menu offerings. We apologize for any inconvenience caused if the menu item is not

**This institution is an equal opportunity provider.**